WEEK ONE *Weeks Commencing:* 16th November 7th December 28th December 18th January 8th February 1st March 22nd March 12th April	F+ Autumn & Winter 2026-2027	MONDAY	SUGARWISE TUESDAY	WEDNESDAY	SUGARWISE THURSDAY	FRIDAY FAVOURITES
	Traditional Choice	Pasta Twists & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	Beef or Vegetarian Spaghetti Bolognaise with Homemade 50/50 Garlic Bread & Salad Selection	Pork or Vegetarian Sausages Yorkshire Pudding & Gravy with Mashed Potatoes & Seasonal Vegetables	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Golden Crumb Fish or Vegetable Fingers with Oven Baked Chips & Garden Peas
	Dessert Choices	Oaty Fruit Crunch & Custard or Fruit Yoghurt ~ Fruit Selection & Milk	Marble Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Mousse or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Cookie or Fruit Yoghurt ~ Fruit Selection & Milk
WEEK TWO *Weeks Commencing:* 2nd November 23rd November 14th December 4th January 25th January 15th February 8th March 29th March		**MEAT FREE MONDAY**	**SUGARWISE TUESDAY**	**WEDNESDAY**	**SUGARWISE THURSDAY**	**FRIDAY FAVOURITES**
	Traditional Choice	Pasta Spirals & Tomato Sauce with Homemade 50/50 Dough Balls & Salad Selection (v)	British Beef & Pork or Vegetable Burger in a Bun with Potato Wedges & Homemade Coleslaw	Roast Gammon or Vegetarian Meatballs Yorkshire Pudding & Gravy with Roast Potatoes & Seasonal Vegetables	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Choice of filled Sandwiches with Tortilla Chips Vegetable Sticks & Dips
	Dessert Choices	Creamy Rice Pudding & Mixed Berries or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Oat & Cherry Cookie or Fruit Yoghurt ~ Fruit Selection & Milk	Vanilla Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cocoa Krispie Cake or Fruit Yoghurt ~ Fruit Selection & Milk
WEEK THREE *Weeks Commencing:* 9th November 30th November 21st December 11th January 1st February 22nd February 15th March 5th April		**MONDAY**	**SUGARWISE TUESDAY**	**WEDNESDAY**	**SUGARWISE THURSDAY**	**FRIDAY FAVOURITES**
	Traditional Choice	Tomato & Mascarpone Pasta with Homemade 50/50 Herby Bread & Salad Selection (v)	Vegetarian Sausage Roll with Paprika Potatoes Vegetable Medley or Baked Beans (v)	Roast Chicken or Quorn Fillet Sage Stuffing & Gravy with Baby Potatoes & Seasonal Vegetables	Cook's Choice of filled Oven Baked Jacket Potato with Freshly Prepared Salad Selection	Homemade Pizza Margherita with Oven Baked Chips & Sweetcorn (v)
	Dessert Choices	Fruity Flapjack or Fruit Yoghurt ~ Fruit Selection & Milk	Lemon Shortbread Biscuit or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Jelly or Fruit Yoghurt ~ Fruit Selection & Milk	Mixed Fruit Medley or Fruit Yoghurt ~ Fruit Selection & Milk	Cook's Choice of Cupcake or Fruit Yoghurt ~ Fruit Selection & Milk