



# **BOWERHAM PRIMARY & NURSERY SCHOOL & BABY UNIT**



## **Relationships and Sex Education (RSE) Policy**

**DATE: July 2025**  
**Review date: July 2026**  
**Stand tall, reach high, love learning**

*The Bowerham School community is proud to nurture aspiration,  
inspire love for life-long learning and prepare children for a  
changing society.*

At Bowerham School we:

- Ensure all children have access to a fun and engaging, ambitious and creative curriculum that widens their life experiences
- Develop confident and independent learners with motivation, curiosity and a love of learning
- Ensure all children learn about and demonstrate the British Values of: tolerance, mutual respect, individual liberty, democracy and rule of law, while respecting differences including gender, ethnicity, religion and ability.
- Nurture, develop and challenge children to be aspirational and secure within themselves in order to prepare them for their future

Within our Bowerham Baby Unit we follow all Bowerham Primary & Nursery School's policies and procedures. Any wording highlighted in blue within the policies are specific additions only applicable to our Baby Unit.

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### ***1. Introduction***

This policy outlines our approach to Relationships and Sex Education (RSE) at Bowerham Primary and Nursery School and Baby Unit. RSE is a statutory part of the curriculum and essential to safeguarding, wellbeing, and preparing pupils for life in modern Britain. It supports pupils' spiritual, moral, cultural, mental, and physical development and helps them grow into responsible and respectful adults.

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### ***2. Aims and Objectives***

Our RSE curriculum aims to:

- Provide accurate and age-appropriate information about human relationships, reproduction, and sexual health.
- Promote respect for others, regardless of sexual orientation, gender identity, faith, or culture.

- Support pupils in understanding healthy relationships, including friendships, families, and romantic/sexual relationships.
- Encourage pupils to develop confidence, self-respect, and empathy.
- Equip pupils with the knowledge and skills to make informed decisions and stay safe on- and offline.

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### **3. Statutory Requirements**

This policy is based on the following statutory guidance:

- The Department for Education's statutory guidance: *Relationships Education, Relationships and Sex Education (RSE) and Health Education* (2020).
- Keeping Children Safe in Education (KCSIE).
- The Equality Act 2010.

RSE is compulsory for all pupils, though parents have the right to withdraw their child from some or all of the sex education content that falls outside the science curriculum (see Section 10).

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### **4. Roles and Responsibilities**

#### **Governing Body**

- Approves the RSE policy.
- Ensures the policy is implemented and reviewed regularly.

#### **Headteacher**

- Ensures the RSE curriculum is delivered consistently and inclusively.
- Supports staff with training and resources.

#### **RSE Lead**

- Coordinates RSE delivery.
- Monitors quality and impact.
- Liaises with parents and the community.

#### **Teachers**

- Deliver high-quality, age-appropriate RSE.
- Create a safe learning environment where pupils can discuss issues openly.
- Use inclusive and non-judgemental language and approaches.

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### **5. Curriculum Content**

Our RSE curriculum is taught through PSHE (Personal, Social, Health, and Economic) education, science, and assemblies, and is tailored to suit the needs of each key stage. This is delivered through RSE day sessions.

### ***Primary (Key Stages 1 & 2)***

- Families and people who care for us
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe
- Basic puberty education (Upper KS2)

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### ***6. Inclusivity and Equality***

RSE at Bowerham Primary and Nursery School and Baby Unit is inclusive of all pupils. We ensure that teaching:

- Is sensitive to the diverse backgrounds and beliefs of our community.
- Reflects LGBTQ+ inclusion in line with the Equality Act 2010.
- Avoids gender stereotypes and promotes equality and respect.

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### ***7. Safeguarding and Confidentiality***

- All RSE is delivered within a framework that supports safeguarding and child protection.
- Staff are trained to recognise and respond to disclosures appropriately.
- Pupils are informed that they cannot be promised confidentiality if a safeguarding concern arises.

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### ***8. Parental Engagement***

We work in partnership with parents. Parents will:

- Be informed of the RSE topics being covered.
- Have access to this policy and curriculum materials

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### ***9. Pupil Voice and Feedback***

Pupils are regularly consulted on RSE through:

- Pupil questionnaires
- PSHE lessons
- School council feedback

This helps us adapt the curriculum to meet their needs and interests.

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### ***10. Right to Withdraw***

Parents have the right to withdraw their child from **sex education** lessons (outside of the National Curriculum science content).

Requests for withdrawal should be made in writing to the Headteacher. A meeting will be offered to discuss concerns.

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### ***11. Monitoring and Evaluation***

The RSE policy and curriculum will be reviewed annually by:

- SLT and PSHE/RSE lead
- Feedback from pupils, parents, and staff
- Consideration of changes in legislation or guidance

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### ***12. Contacts***

For further information, contact:

**Headteacher:** Jo Banks

**RSE Lead / PSHE Coordinator:** Laura Hemingway

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