



BOWERHAM PRIMARY & NURSERY SCHOOL & BABY UNIT

Bowerham Road, Lancaster, LA1 4BS

t: 01524 63999

www.bowerham.lancs.sch.uk



Headteacher: Mrs Jo Banks

Assistant Headteachers: Miss Kathryn Ireland

Miss Laura Denison

Mrs Jennie Gallagher

Office Manager: Mrs Tracey Clark

e: head@bowerham.lancs.sch.uk

Re: 6LB - KS2 swimming lessons, September 2025

Dear Parents / Guardians,

As part of our ongoing commitment to promoting physical fitness and water safety, we are pleased to inform you about our KS2 swimming program this year.

Last year, your child continued swimming lessons after Christmas to support them in meeting the end of KS2 expectations of being able to perform safe self-rescue in different water based situations, swim competently, confidently and proficiently over a distance of at least 25 metres, use a range of strokes effectively, for example, front crawl, backstroke, and breaststroke.

This year, your child will continue to attend swimming lessons every other week alongside 5NH. These lessons have been extended, from September, to an hour to ensure we give your child as many opportunities as possible to be able to meet the end of KS2 swimming expectations.

Autumn 1 Swimming dates – highlighted below are your child's swimming dates

Week	Date
1	10 th September
2	17 th September
3	24 th September
4	1 st October
5	8 th October
6	15 th October
7	22 nd October
8	5 th November
9	12 th November
10	19 th November
11	26 th November
12	3 rd December
13	10 th December

If you have any questions or would like to discuss your child's participation in the swimming lessons, please do not hesitate to contact us.

Thank you for your continued support.

Kind regards

Jo Banks

Stand tall, reach high, love learning

The Bowerham School community is proud to nurture aspiration,
inspire love for life-long learning and prepare children for a changing
Society.

