



## RSE coverage through 1 Decision - Bowerham Primary and Nursery School

Year 1	<b>Relationships – Friendship</b> <b>Can I:</b> <ul style="list-style-type: none"><li>• understand different types of relationships</li><li>• understand how to be a good friend</li><li>• be able to recognise kind and thoughtful behaviours</li><li>• understand the importance of caring about other people’s feelings</li></ul>
Year 2	<b>Relationships – Bullying and Body Language</b> <b>Can I:</b> <ul style="list-style-type: none"><li>• be able to name a range of feelings</li><li>• understand why we should care about other people’s feelings</li><li>• be able to see and understand bullying behaviours</li><li>• know how to cope with these bullying behaviours</li><li>• be able to recognise and name a range of feelings</li><li>• understand that feelings can be shown without words</li><li>• be able to see a situation from another person’s point of view</li><li>• understand why it is important to care about other people’s feelings</li></ul>
Year 3	<b>Relationships – Touch</b> <b>Can I:</b> <ul style="list-style-type: none"><li>• understand the difference between appropriate and inappropriate touch</li><li>• know why it is important to care about other people’s feelings</li><li>• understand personal boundaries</li><li>• know who and how to ask for help</li><li>• be able to name human body parts</li></ul>
Year 4	<b>Growing and Changing – Appropriate touches (relationships)</b> <b>Can I:</b> <ul style="list-style-type: none"><li>• identify the different types of relationships we can have and describe how these can change as we grow</li><li>• explain how our families support us and how we can support our families</li><li>• identify how relationships can be healthy or unhealthy</li><li>• explain how to ask for help and identify who can help us if a relationship makes us feel uncomfortable</li></ul>



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Year 5	<b>Growing and Changing - Puberty/ Adults' &amp; Children's Views</b> <b>Can I:</b> <ul style="list-style-type: none"><li>• explain what puberty means</li><li>• describe the changes that boys and girls may go through during puberty</li><li>• identify why our bodies go through puberty</li><li>• develop coping strategies to help with the different stages of puberty</li><li>• identify who and what can help us during puberty</li></ul>
Year 6	<b>Growing and Changing – Conception/ Summative Assessments</b> <b>Can I:</b> <ul style="list-style-type: none"><li>• explain the terms 'conception' and 'reproduction'</li><li>• describe the function of the female and male reproductive systems</li><li>• identify the various ways adults can have a child</li><li>• explain various different stages of pregnancy</li><li>• identify the laws around consent</li></ul>