

Lancaster & Morecambe Additional Needs What's On Guide Nov/Dec 22

MONDAYS

Bee Unique Autism 7/11/22 parent carer coffee morning Lewis's ice Cream Shop Morecambe 9.30am no need to book.

Bee Unique Autism After school drumming Session @ More Music ages 4-14 £2.50 per child every Monday term time 4.30-5.30 www.bookwhen.com/beeunique

Escape2Make Yoga Club (Not SEN exclusive) Writing Room, The Storey Lancaster Fortnightly 11-14 yr. olds 4pm-5pm, 15-18yr olds 5.15pm-6.15pm Book via website www.escape2make.org

SEN KICKS Football session Morecambe FC Community Sports Heysham Mossgate Community Centre LA32AW 5pm-6pm Years 3-6. No need to book. 01524412125

SEND EASY Youth Group ages 12-25 Morecambe Library 6.15-8.30 booking essential via Claire Armer (LCC) 07717815062 / 01524 581280

TUESDAYS

More Music Bay Beats ages 8+ 6.15 new starters and younger players 7.30 more experienced players. Pay as you feel. www.moremusic.org.uk

WEDNESDAY

Unique Kidz and co Stay and Play For families with children with additional needs, just turn up 10.00-12.00. Woodhill lane Morecambe 01524 831132 www.uniquekidzandco.org.uk

Bee Unique Autism Coffee Morning for parent carers Monthly 10.30 Whale tail café Lancaster 15/6/22 Just turn up Children welcome. Bee Unique will fund first tea/coffee and slice of cake www.beeuniquecharity.co.uk

Colourful Footsteps (formerly known as AOK) parent peer support group 1.30-2.30 at Lune Park Neighbourhood centre children under 8 welcome booking essential 01524 581280

Sing it out More Music 4pm-5.30pm nurturing group for 11-18yr olds FREE. Referral needed from key worker www.moremusic.org.uk

Escape2Make Architecture Group (Not SEN exclusive) Weds 4.30-6.00 ages 11-18 The Storey Lancaster Attend by Invite only via email to info@escape2make.org

C.H.A.T.S Parent peer support group for CYP with mental health concerns. Monthly Zoom drop in last Weds of month 7-8.30 on Zoom chats_123@yahoo.com

THURSDAYS

Unique Kidz and co Sensory Session For families with children with additional needs, just turn up 12-2.00. Woodhill lane Morecambe 01524 831132 www.uniquekidzandco.org.uk

Disability Friendly sessions at Jump Rush Morecambe Ages 5+ 4.00-5.00 £6.00 per jumper (carer jumps for free) www.jump-rush.com

Escape2Make Film Club (Not SEN exclusive) Thurs 4.45-5.45 or 6-7 The Storey Lancaster Sign up by email to info@escape2make.org

X Height Climbing Wall Salt Ayre SEN sessions Thursdays 5-6, 6-7. There are 7 spaces per session, ages 5+ siblings welcome. £6.00 per climber. Book via Salt Ayre Leisure Centre www.lancaster.gov.uk

FRIDAYS

Lancaster Adult Autism Group (18+) Last Friday of month at Cornerstones in Lancaster

Bay Youth Voices More Music 5.30-6.30 primary aged children www.moremusic.org.uk

SATURDAYS

Autism Friendly Screening Reel Cinema Morecambe fortnightly. Check website or NLDG page for info

A Spectrum Connection Ages 16+ with a diagnosis 2nd & 4th Saturday of the month 11-2 Brew Me Sunshine in Morecambe

Unique Kidz and Co Family Drop In Day Date TBC 12-3 all welcome. Just turn up. Woodhill lane Morecambe 01524 831132 www.uniquekidzandco.org.uk

L&M Deaf Children's Society last Saturday of month Family Group @ Morecambe Library 2-4 www.lamdc.co.uk

SUNDAYS

Autism Friendly Screening Vue Cinema Lancaster last Sunday of the month normally around 10am Check Vue website or NLDG page for details

Exclusive Play Session Hugo's Soft play Forton PR30BL 9/10/22 10am-11.30am £2 per child all ages & siblings welcome www.bookwhen.com/beeunique

Exclusive Play Session Energy Soft play Salt Ayre 27/11/22 4-5.30 £5 per child ages 0-12 & siblings welcome www.lancaster.gov.uk

X Height Climbing Wall Salt Ayre SEN sessions 10am. There are 7 spaces per session, ages 5+ siblings welcome. £10 per climber. Book via Salt Ayre Leisure Centre www.lancaster.gov.uk



Before setting off to join an activity, please check with the provider / venue in case you need to pre-book and any info about your child that would help the session leaders is shared. *Unless specified, no diagnosis or proof of diagnosis is needed to access any of the groups.*

For more information on local activities during term time, school holidays and after school, please go to: Lancashire Local Offer:

www.Lancashire.gov.uk/SEND Local Offer facebook page: www.Facebook.com/LancashireLocalOffer

North Lancashire Directions Group Facebook page: www.facebook.com/NLDGAdditionalNeedsSupport