

## Autumn / Winter Menu 22-23

		Monday	Tuesday	Wednesday	Thursday	Friday					
<b>Week 1</b> 07/11/2022 28/11/2022 19/12/2022 09/01/2023 30/01/2023 20/02/2023 13/03/2023	<b>Choice 1</b>	Pasta served with homemade garlic bread	<ul style="list-style-type: none"> <li>Mascarpone Sauce</li> <li>Grated cheese</li> </ul>	Omega 3 Fish Fingers	Potato Wedges & Mixed Veg Medley	Pork Sausage in a Bun with Tomato Ketchup	Tortilla Chips, Veggie Sticks & Dips	Traditional Cottage Pie	Carrot Batons & Broccoli Florets	Homemade Margherita Pizza	Oven Baked Chips & Sweetcorn
	<b>Desserts</b>	<b>Dessert of the Day, Fresh Fruit or Fruit Yoghurt</b>									
<b>Week 2</b> 14/11/2022 05/12/2022 26/12/2022 16/01/2023 06/02/2023 27/02/2023 20/03/2023	<b>Choice 1</b>	Pasta served with homemade garlic bread	<ul style="list-style-type: none"> <li>Tomato &amp; Herb Sauce</li> <li>Grated cheese</li> </ul>	Crispy Battered Fish	Creamed Potatoes & Green Beans	Cheese Panini	Tortilla Chips, Veggie Sticks & Dips	Roast Pork, Yorkshire Pudding & Gravy	Roast Potatoes, Seasonal Cabbage & Carrot Batons	Homemade Margherita Pizza	Oven Baked Chips & Sweetcorn
	<b>Desserts</b>	<b>Dessert of the Day, Fresh Fruit or Fruit Yoghurt</b>									
<b>Week 3</b> 21/10/2022 21/11/2022 12/12/2022 02/01/2023 23/01/2023 13/02/2023 06/03/2023 27/03/2023	<b>Choice 1</b>	Pasta served with homemade garlic bread	<ul style="list-style-type: none"> <li>Cheese Sauce</li> <li>Grated cheese</li> </ul>	Crispy Bubble Coated Salmon	Paprika Potatoes & Mixed Veg Medley	Beef Burger in a Bun	Potato Wedges, Veggie Sticks & Dips	Roast Chicken, Sage & Onion Stuffing & Gravy	Roast Potatoes, Seasonal Cabbage & Carrot Batons	Homemade Margherita Pizza	Oven Baked Chips & Sweetcorn
	<b>Desserts</b>	<b>Dessert of the Day, Fresh Fruit or Fruit Yoghurt</b>									

**Please note any meals on this menu will be substituted with quorn for vegetarians apart from fish which will be an omelette. Any child who has any food allergens the menu will be accommodated to their needs so they have the same menu.**