

## CHILDREN AND FAMILY WELLBEING SERVICE – WHAT'S ON GUIDE AT A GLANCE August 2022

VENUE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LUNE PARK	<b>Baby &amp; You</b> 10am – 11am	<b>Infant Massage</b> 10am – 11am  <b>Infant Massage</b> 11am – 12 noon  <b>Chat, Play &amp; Read</b> 1-2pm  <b>Move &amp; Groove</b> (5-8 years) 3.30pm – 4.45pm	<b>Development Matters</b> 9.30am – 10.30am  <b>Colourful Footsteps</b> 1.30pm – 2.30pm	<b>Teen Triple P</b> 10am – 12pm  <b>Inside Out (8-11 years)</b> 3.30pm – 4.45pm	
POULTON	<b>Development Matters</b> 9.30am – 10.30am  <b>Infant Massage</b> 11am- 12pm  <b>Chat, Play &amp; Read</b> 1pm - 2pm		<b>Baby &amp; You</b> 9.30am – 10.30am	<b>Triple P Stepping Stones</b> 10am – 12pm	<b>Mini Move &amp; Groove</b> (2-5 years) 9.30am - 10.30am
WESTGATE		<b>Infant Massage</b> 10am – 11am	<b>Group Triple P</b> 12.30pm – 2.30pm  <b>Parents to be</b> 5.30pm – 7.30pm	<b>Chat, Play &amp; Read</b> 9.30am – 10.30am  <b>Development Matters</b> 1.30pm – 2.30pm	<b>Development Matters</b> 9.15am – 10.15am  <b>Baby &amp; You</b> 1pm – 2pm
MORECAMBE LIBRARY	<b>Move &amp; Groove</b> (8 - 11 years) 3.30pm – 4.45pm	<b>Young Parents to Be</b> 1pm – 3pm  <b>Inside Out</b> (8 – 11yrs) 3.30pm – 4.45pm			
CARNFORTH					<b>Development Matters</b> 9.30am – 10.30am  <b>Infant Massage</b> 10.45am – 11.45 am
ONLINE		<b>Parents to Be</b> 3.30pm – 4.30pm	<b>Group Triple P</b> 5.30pm – 7.30pm		

### Contact Information:

Lune Park Neighbourhood Centre, **01524 581280** Westgate Neighbourhood Centre, **01524 586509** Poulton Neighbourhood Centre, **01524 581281**

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### Youth Activities:

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p><b>EASY SEND Group (12-25yrs)</b> 6.15pm – 8.30pm Taking place at <b>Morecambe Library</b>.</p> <p>Contact: Claire Armer 07717815062</p>		<p><b>Locality Youth Council (12 to 19yrs or up to 25 with SEND)</b> 6.15pm – 8.30pm Taking place at <b>Morecambe Library</b>.</p> <p>Contact: Chris McQueen on 07866058836</p> <p><b>Youth Impact Group (12 to 19yrs or up to 25 with SEND)</b> 3.30pm – 5.45pm</p> <p>Contact: Claire Armer 07717815062</p>	<p><b>Detached Session (12 to 19yrs or up to 25 with SEND)</b> 6.15pm – 8.30pm Taking place in the <b>Lancaster area</b>.</p> <p>Contact: Charlie Bluglass on 07977273886</p> <p><b>Detached Session (12 to 19yrs or up to 25 with SEND)</b> 6.15pm – 8.30pm Taking place in the <b>Morecambe area</b>.</p> <p>Contact: Chris McQueen on 07866058836</p>	<p><b>Open Youth Club (12 to 19yrs or up to 25 with SEND)</b> 6.15pm – 8.30pm Contact: Chris McQueen on 07866058836</p>



**PYRO (LGBTQ+)** (13-17yrs) Contact Nicole Cobb 07887631335 for more information regard date/time/venue.



### Contact Information:

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